

**Collated list of resources for COVID-19 in palliative care (Version 14)**

This evolving document seeks to collate resources for COVID-19 in palliative care. Changes from the previous version are highlighted in red text. We encourage you to send website links or other documents that may be of use to [hq@palliativedrugs.com](mailto:hq@palliativedrugs.com) and we will add them to this list.

Also see the following sections of the palliativedrugs.com website:

- [Bulletin board](#) for discussions between palliative care colleagues
- [Document library](#) for other documents donated specifically to us for sharing.

**UK resources and guidelines**

Title	Organisation	Link	Document date	Notes
<b>Specific COVID-19 resources</b>				
Coronavirus (COVID-19): reuse of medicines in a care home or hospice	Department of Health and Social Care	<a href="https://www.gov.uk/government/publications">https://www.gov.uk/government/publications</a>	28 April 2020	Standard operating procedure
Clinical guide for the management of palliative care in hospital during the coronavirus pandemic  Supporting compassionate visiting arrangements for those receiving care at the end of life	NHS England	<a href="https://www.nice.org.uk/covid-19/specialty-guides">https://www.nice.org.uk/covid-19/specialty-guides</a>	22 April 2020 (V02)  May 2020	All NHS England documents have now moved to a central point of advice on the NICE website. Resources for other specialities in secondary care include: <ul style="list-style-type: none"> <li>• cancer treatment, critical care and radiology</li> </ul>
End of life care guidance when a person is imminently dying from COVID-19 lung disease  Alternatives to regular medication normally given via a syringe pump when this is not available	Scottish Partnership for Palliative Care	<a href="http://www.palliativecareguidelines.scot.nhs.uk">www.palliativecareguidelines.scot.nhs.uk</a>	25 August 2020  18 June 2020	On-line documents  Condensed guideline and patient information leaflets also available
COVID-19 rapid guideline NG163: Managing symptoms (including at the end of life) in the community)	NICE	<a href="http://www.nice.org.uk/covid-19">www.nice.org.uk/covid-19</a>	Updated 13 October 2020	Other COVID-19 rapid guidelines include: <ul style="list-style-type: none"> <li>• critical care, dialysis service delivery, delivery of systemic anticancer treatment,</li> </ul>

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				radiotherapy, haematopoietic stem cell transplantation Rapid evidence summaries include: <ul style="list-style-type: none"> <li>acute use or chronic use of NSAIDs for people with or at risk of COVID-19</li> </ul>
COVID-19 and Palliative, end of life and bereavement care in secondary care	Northern Care Alliance NHS Group and Association for Palliative Medicine	<a href="https://apmonline.org">https://apmonline.org</a>	20 April 2020 (V04)	
Community, palliative, end of life and bereavement care in the COVID-19 pandemic  Changes to death certification	Royal College of General Practitioners	<a href="https://elearning.rcgp.org.uk">https://elearning.rcgp.org.uk</a>	March 2020 (V03)	Other documents include: <ul style="list-style-type: none"> <li>COVID-19 EOLC community charter</li> <li>guidance on DVA in the context of EOLC in the COVID-19 pandemic</li> </ul>
Priority medicines for palliative and end of life care during a pandemic	Association for Palliative Medicine, Royal College of General Practitioners, Association of Supportive and Palliative Care Pharmacy, Hospice UK	<a href="https://apmonline.org">https://apmonline.org</a>	01 May 2020	
COVID-19 – ethical issues and decision making when demand for life-saving treatment is at capacity	BMA	<a href="https://www.bma.org.uk">https://www.bma.org.uk</a>	January 2021	Website also contains other COVID-related guidance including death certification
Managing breathlessness at home during the COVID-19 outbreak	Cicely Saunders Institute of Palliative Care	<a href="https://www.kcl.ac.uk/cicelysaunders">https://www.kcl.ac.uk/cicelysaunders</a>	March 2020	Website also contains links to several palliative care articles published by or in conjunction with the Cicely Saunders Institute
Caring for your dying relative at home with COVID-19  Care after death (3 <sup>rd</sup> edition)	Hospice UK	<a href="https://www.hospiceuk.org">https://www.hospiceuk.org</a>	April 2020  14 Sept 2020	Also available to download as a pdf

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Managing the supportive care needs of those affected by COVID-19	Collaboration of UK and International palliative care specialists	<a href="https://erj.ersjournals.com">https://erj.ersjournals.com</a>	09 April 2020	Published article in the European Respiratory Journal
Oxford COVID-19 evidence service	Centre for Evidence Based Medicine	<a href="https://www.cebm.net">https://www.cebm.net</a>	Various	COVID-19 and palliative care evidence articles including advance care planning, access to out of hours
Guidance on lung cancer and mesothelioma  Shielding people with interstitial lung disease	British Thoracic Society	<a href="https://www.brit-thoracic.org.uk">https://www.brit-thoracic.org.uk</a>	Various	Website also contains other resources for the respiratory community including: <ul style="list-style-type: none"> <li>• supporting informal carers during the COVID-19 pandemic</li> <li>• provision of pleural services during the COVID-19 pandemic</li> </ul>
Symptom management using non-oral and non-parenteral routes for administration of medication	Association of Supportive and Palliative Care Pharmacy	<a href="https://elearning.rcgp.org.uk">https://elearning.rcgp.org.uk</a>	15 April 2020 (V01)	
<b>COVID-19 local guidelines</b>				
Guidance for prescribing and administering PRN medication when a person is imminently dying from COVID-19 lung disease	NHS Forth Valley	<a href="https://www.palliativecareguidelines.scot.nhs.uk">https://www.palliativecareguidelines.scot.nhs.uk</a>	June 2020	Document to download
COVID-19 End of life care PGD	Isle of Wight CCG, NHS trust and Mountbatten hospice	<a href="https://www.palliativedrugs.com">https://www.palliativedrugs.com</a>	31 March 2020	Available to members on the Document library (Topic COVID-19); PGD checklist also available
Quick Clinical Guide: Symptom relief in COVID-19 (last days–hours of life)	Nottingham University Hospitals	<a href="https://www.palliativedrugs.com">https://www.palliativedrugs.com</a>	24 March 2020	Available to members on the Document library (Topic COVID-19)
COVID-19 management of end of life symptoms – community settings	Wessex Palliative Care Physicians	<a href="https://www.futureplanning.org.uk">https://www.futureplanning.org.uk</a>	24 March 2020	
Supporting and developing community end of life care during the COVID-19 pandemic: an example of collaborative working		<a href="https://www.nice.org.uk/sharedlearning">https://www.nice.org.uk/sharedlearning</a>	Dec 2020	This document is part of the shared learning section on the new central point of advice for COVID-19 on the NICE website

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<b>Related useful resources</b>				
End of life care planning and medicines optimisation	Care Quality Commission	<a href="http://www.cqc.org.uk">www.cqc.org.uk</a>	02 April 2020	
Coronavirus (COVID-19) Resources to support staff with difficult conversations and end of life care	NHS Health Education England	<a href="https://portal.e-lfh.org.uk">https://portal.e-lfh.org.uk</a>	02 April 2020	Training resource, open access; other COVID-19 related topics
Multidisciplinary patient review in COVID-19 cohort wards	Royal College of Physicians, Royal College of Nursing	<a href="https://www.rcplondon.ac.uk">https://www.rcplondon.ac.uk</a>	11 Nov 2020	In collaboration with Chartered Society of Physiotherapists, Royal Pharmaceutical Society, NHS England & Improvement emergency care improvement support team
The top ten messages for supporting healthcare staff during the COVID-19 pandemic	Royal College of Psychiatrists	<a href="https://www.rcpsych.ac.uk">https://www.rcpsych.ac.uk</a>	Not dated	
COVID-19 Series webinars	Royal Society of Medicine	<a href="http://www.rsm.ac.uk">www.rsm.ac.uk</a>	Ongoing	Free regular webinars on the latest developments
Coronavirus: Latest updates, advice and information for pharmacy	Royal Pharmaceutical Society	<a href="http://www.rpharms.com/coronavirus">www.rpharms.com/coronavirus</a>	Various	Also contains guidance on contingency legislation to enable the supply of controlled drugs
Mixing critical care injectable medicines together in a syringe during COVID-19	NHS Specialist Pharmacy Service	<a href="https://www.sps.nhs.uk">https://www.sps.nhs.uk</a>	Updated 24 June 2020	Website also contains other medicines-based resources, including: <ul style="list-style-type: none"> <li>• preparation of injectable medicines at the ITU bedside</li> <li>• batch worksheets for S10 preparation of injectable medicines for ICU</li> <li>• summaries of COVID-19 medicines guidance for specialities</li> <li>• <b>COVID-19 vaccines</b></li> </ul>
Clinical frailty scale	British Geriatrics Society	<a href="https://www.bgs.org.uk">https://www.bgs.org.uk</a>	2008	
Factsheets for people hospitalised with COVID-19 and for family/friends (23 languages)	Cicely Saunders Institute of Palliative Care & European Lung Foundation	<a href="https://www.europeanlung.org">https://www.europeanlung.org</a>	May 2020	

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Informal carer's administration of as required subcutaneous injections in community palliative care	Derbyshire Alliance for End of Life Care	<a href="https://derbyshire.eolcare.uk">https://derbyshire.eolcare.uk</a>	1 April 2019	Accompanying You Tube videos <a href="https://www.youtube.com">https://www.youtube.com</a>
Policy for patient or carer administration of subcutaneous medication (palliative care)	Harrogate and District NHS CCG	<a href="https://www.harrogateandruraldistrictccg.nhs.uk">https://www.harrogateandruraldistrictccg.nhs.uk</a>	June 2018	Also available to members on the <a href="http://www.palliativedrugs.com">http://www.palliativedrugs.com</a> Document library (Topic: Medication issues, Carer administration) along with a PIL and patient consent form
End of life care toolkits for carers at home	Helix project	<a href="https://helixcentre.com">https://helixcentre.com</a>	Various	Website contains: <ul style="list-style-type: none"> <li>• Carer administration of as-needed subcutaneous injections</li> <li>• Practical care for a dying person</li> </ul>
Carer administration of as needed subcutaneous medication for common breakthrough symptoms in home based dying people in Wales (CARIAD package)	Palliative Care Wales	<a href="https://wales.pallcare.info">https://wales.pallcare.info</a>	Various	Package of multiple documents available for download
List of patient resources for breathlessness	Wolfson Palliative Care Research Centre, Hull/York Medical School	<a href="https://www.hyms.ac.uk">https://www.hyms.ac.uk</a>	26 March 2020	
Video based communication training in end of life care	Real Talk	<a href="https://www.realtalktraining.co.uk">https://www.realtalktraining.co.uk</a>	Various	Resources include: <ul style="list-style-type: none"> <li>• a new communication tool to help conversations when staff are wearing PPE</li> <li>• how to have urgent conversations about withdrawing and withholding life-sustaining treatments in critical care – including phone and video calls</li> <li>• giving news of a patient's death to a loved one</li> </ul>

## Non-UK resources and guidelines

Title	Organisation	Link	Document date	Notes
<b>Specific COVID-19 resources</b>				
Resources relevant to palliative care and COVID-19	IAHPC	<a href="http://globalpalliativecare.org">http://globalpalliativecare.org</a>	Various	Links to resources by academia, civil society organizations, members states and special agencies of the United Nations
<b>Palliative care and Covid-19 series – Briefing notes compilation</b>	WHPCA and ICPCN	<a href="https://www.thewhpc.org">https://www.thewhpc.org</a>	06 Jan 2021	
Coronavirus and the palliative care response	EAPC	<a href="https://www.eapcnet.eu">https://www.eapcnet.eu</a>	Various	Regularly updated list of resources from other countries
COVID-19 Response training	Centre to advance palliative care, USA	<a href="https://www.capc.org/training">https://www.capc.org/training</a>	Various	Training courses, protocols and response resources
Resources to address coronavirus disease 2019 (COVID-19)	AAHPM	<a href="http://aahpm.org">http://aahpm.org</a>	Various	
Palliative care in Bologna during the COVID-19 crisis	EAPC blog	<a href="https://eapcnet.wordpress.com">https://eapcnet.wordpress.com</a>	22 March 2020	Blog report from the front line in Italy
Symptom management for adult patients with COVID-19 receiving end-of-life supportive care outside of the ICU	Informal collaboration of British Columbia doctors and pharmacists, Canada	<a href="https://palliativecare.med.ubc.ca">https://palliativecare.med.ubc.ca</a>	22 March 2020	Website also contains links to other COVID-19 resources
COVID-Ready communication skills	Vitaltalk, USA	<a href="https://www.vitaltalk.org">https://www.vitaltalk.org</a>	No date	
Pandemic palliative care: beyond ventilators and saving lives	Published article in the Canadian Medical Association Journal	<a href="https://www.cmaj.ca">https://www.cmaj.ca</a>	31 March 2020	COVID-19 palliative care plan tool