Collated list of resources for COVID-19 in palliative care (Version 14)

This evolving document seeks to collate resources for COVID-19 in palliative care. Changes from the previous version are highlighted in red text. We encourage you to send website links or other documents that may be of use to hq@palliativedrugs.com and we will add them to this list.

Also see the following sections of the palliativedrugs.com website:

- Bulletin board for discussions between palliative care colleagues
- Document library for other documents donated specifically to us for sharing.

### UK resources and guidelines

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<thead>
<tr>
<th>Title</th>
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<tbody>
<tr>
<td><strong>Specific COVID-19 resources</strong></td>
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<tr>
<td>Clinical guide for the management of palliative care in hospital during the coronavirus pandemic</td>
<td>NHS England</td>
<td><a href="https://www.nice.org.uk/covid-19/specialty-guides">https://www.nice.org.uk/covid-19/specialty-guides</a></td>
<td>22 April 2020 (V02)</td>
<td>All NHS England documents have now moved to a central point of advice on the NICE website. Resources for other specialities in secondary care include: cancer treatment, critical care and radiology</td>
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<tr>
<td>Supporting compassionate visiting arrangements for those receiving care at the end of life</td>
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<tr>
<td>End of life care guidance when a person is imminently dying from COVID-19 lung disease</td>
<td>Scottish Partnership for Palliative Care</td>
<td><a href="http://www.palliativecareguidelines.scot.nhs.uk">www.palliativecareguidelines.scot.nhs.uk</a></td>
<td>25 August 2020</td>
<td>On-line documents</td>
</tr>
<tr>
<td>Alternatives to regular medication normally given via a syringe pump when this is not available</td>
<td></td>
<td></td>
<td>18 June 2020</td>
<td>Condensed guideline and patient information leaflets also available</td>
</tr>
<tr>
<td>COVID-19 rapid guideline NG163: Managing symptoms (including at the end of life) in the community</td>
<td>NICE</td>
<td><a href="https://www.nice.org.uk/covid-19">www.nice.org.uk/covid-19</a></td>
<td>Updated 13 October 2020</td>
<td>Other COVID-19 rapid guidelines include: critical care, dialysis service delivery, delivery of systemic anticancer treatment,</td>
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| COVID-19 and Palliative, end of life and bereavement care in secondary care | Northern Care Alliance NHS Group and Association for Palliative Medicine     | https://apmonline.org                        | 20 April 2020 (V04) | radiotherapy, haematopoietic stem cell transplantation  
Rapid evidence summaries include:  
• acute use or chronic use of NSAIDs for people with or at risk of COVID-19 |
| Community, palliative, end of life and bereavement care in the COVID-19 pandemic | Royal College of General Practitioners                                      | https://elearning.rcgp.org.uk                  | March 2020 (V03) | Other documents include:  
• COVID-19 EOLC community charter  
• guidance on DVA in the context of EOLC in the COVID-19 pandemic |
| Priority medicines for palliative and end of life care during a pandemic | Association for Palliative Medicine, Royal College of General Practitioners, Association of Supportive and Palliative Care Pharmacy, Hospice UK | https://apmonline.org                        | 01 May 2020 |  |
| COVID-19 – ethical issues and decision making when demand for life-saving treatment is at capacity | BMA                                                                           | https://www.bma.org.uk                       | January 2021 | Website also contains other COVID-related guidance including death certification |
| Managing breathlessness at home during the COVID-19 outbreak          | Cicely Saunders Institute of Palliative Care                                 | https://www.kcl.ac.uk/cicelysaunders          | March 2020 | Website also contains links to several palliative care articles published by or in conjunction with the Cicely Saunders Institute |
| Caring for your dying relative at home with COVID-19                  | Hospice UK                                                                   | https://www.hospiceuk.org                    | April 2020 | Also available to download as a pdf                                   |

Website also contains links to several palliative care articles published by or in conjunction with the Cicely Saunders Institute.
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<tr>
<td>Managing the supportive care needs of those affected by COVID-19</td>
<td>Collaboration of UK and International palliative care specialists</td>
<td><a href="https://erj.ersjournals.com">https://erj.ersjournals.com</a></td>
<td>09 April 2020</td>
<td>Published article in the European Respiratory Journal</td>
</tr>
<tr>
<td>Oxford COVID-19 evidence service</td>
<td>Centre for Evidence Based Medicine</td>
<td><a href="https://www.cebm.net">https://www.cebm.net</a></td>
<td>Various</td>
<td>COVID-19 and palliative care evidence articles including advance care planning, access to out of hours</td>
</tr>
<tr>
<td>Guidance on lung cancer and mesothelioma</td>
<td>British Thoracic Society</td>
<td><a href="https://www.brit-thoracic.org.uk">https://www.brit-thoracic.org.uk</a></td>
<td>Various</td>
<td>Website also contains other resources for the respiratory community including: - supporting informal carers during the COVID-19 pandemic - provision of pleural services during the COVID-19 pandemic</td>
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<tr>
<td>Shielding people with interstitial lung disease</td>
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<tr>
<td>Symptom management using non-oral and non-parenteral routes for administration of medication</td>
<td>Association of Supportive and Palliative Care Pharmacy</td>
<td><a href="https://elearning.rcgp.org.uk">https://elearning.rcgp.org.uk</a></td>
<td>15 April 2020 (V01)</td>
<td></td>
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<tr>
<td>COVID-19 local guidelines</td>
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<tr>
<td>Guidance for prescribing and administering PRN medication when a person is imminently dying from COVID-19 lung disease</td>
<td>NHS Forth Valley</td>
<td><a href="https://www.palliativecareguidelines.scot.nhs.uk">https://www.palliativecareguidelines.scot.nhs.uk</a></td>
<td>June 2020</td>
<td>Document to download</td>
</tr>
<tr>
<td>Supporting and developing community end of life care during the COVID-19 pandemic: an example of collaborative working</td>
<td></td>
<td><a href="https://www.nice.org.uk/sharedlearning">https://www.nice.org.uk/sharedlearning</a></td>
<td>Dec 2020</td>
<td>This document is part of the shared learning section on the new central point of advice for COVID-19 on the NICE website</td>
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<tr>
<td>Related useful resources</td>
<td>Organisation</td>
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<tr>
<td>End of life care planning and medicines optimisation</td>
<td>Care Quality Commission</td>
<td><a href="http://www.cqc.org.uk">www.cqc.org.uk</a></td>
<td>02 April 2020</td>
<td></td>
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<tr>
<td>Coronavirus (COVID-19) Resources to support staff with difficult conversations and end of life care</td>
<td>NHS Health Education England</td>
<td><a href="https://portal.e-lfh.org.uk">https://portal.e-lfh.org.uk</a></td>
<td>02 April 2020</td>
<td>Training resource, open access; other COVID-19 related topics</td>
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<tr>
<td>Multidisciplinary patient review in COVID-19 cohort wards</td>
<td>Royal College of Physicians, Royal College of Nursing</td>
<td><a href="https://www.rcplondon.ac.uk">https://www.rcplondon.ac.uk</a></td>
<td>11 Nov 2020</td>
<td>In collaboration with Chartered Society of Physiotherapists, Royal Pharmaceutical Society, NHS England &amp; Improvement emergency care improvement support team</td>
</tr>
<tr>
<td>The top ten messages for supporting healthcare staff during the COVID-19 pandemic</td>
<td>Royal College of Psychiatrists</td>
<td><a href="https://www.rcpsych.ac.uk">https://www.rcpsych.ac.uk</a></td>
<td>Not dated</td>
<td>Free regular webinars on the latest developments</td>
</tr>
<tr>
<td>COVID-19 Series webinars</td>
<td>Royal Society of Medicine</td>
<td><a href="http://www.rsm.ac.uk">www.rsm.ac.uk</a></td>
<td>Ongoing</td>
<td>Free regular webinars on the latest developments</td>
</tr>
<tr>
<td>Coronavirus: Latest updates, advice and information for pharmacy</td>
<td>Royal Pharmaceutical Society</td>
<td><a href="http://www.rpharms.com/coronavirus">www.rpharms.com/coronavirus</a></td>
<td>Various</td>
<td>Also contains guidance on contingency legislation to enable the supply of controlled drugs</td>
</tr>
<tr>
<td>Mixing critical care injectable medicines together in a syringe during COVID-19</td>
<td>NHS Specialist Pharmacy Service</td>
<td><a href="https://www.sps.nhs.uk">https://www.sps.nhs.uk</a></td>
<td>Updated 24 June 2020</td>
<td>Website also contains other medicines-based resources, including:</td>
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<td>• preparation of injectable medicines at the ITU bedside</td>
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<td>• batch worksheets for S10 preparation of injectable medicines for ICU</td>
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<td>• summaries of COVID-19 medicines guidance for specialties</td>
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<td>• COVID-19 vaccines</td>
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<tr>
<td>Clinical frailty scale</td>
<td>British Geriatrics Society</td>
<td><a href="https://www.bgs.org.uk">https://www.bgs.org.uk</a></td>
<td>2008</td>
<td></td>
</tr>
<tr>
<td>Factsheets for people hospitalised with COVID-19 and for family/friends (23 languages)</td>
<td>Cicely Saunders Institute of Palliative Care &amp; European Lung Foundation</td>
<td><a href="https://www.europeanlung.org">https://www.europeanlung.org</a></td>
<td>May 2020</td>
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<tr>
<td>Informal carer’s administration of as required subcutaneous injections in community palliative care</td>
<td>Derbyshire Alliance for End of Life Care</td>
<td><a href="https://derbyshire.eolcare.uk">https://derbyshire.eolcare.uk</a></td>
<td>1 April 2019</td>
<td>Accompanying You Tube videos <a href="https://www.youtube.com">https://www.youtube.com</a></td>
</tr>
<tr>
<td>Policy for patient or carer administration of subcutaneous medication (palliative care)</td>
<td>Harrogate and District NHS CCG</td>
<td><a href="https://www.harrogateandruraldistrictccg.nhs.uk">https://www.harrogateandruraldistrictccg.nhs.uk</a></td>
<td>June 2018</td>
<td>Also available to members on the <a href="http://www.palliativedrugs.com">http://www.palliativedrugs.com</a> Document library (Topic: Medication issues, Carer administration) along with a PIL and patient consent form</td>
</tr>
<tr>
<td>End of life care toolkits for carers at home</td>
<td>Helix project</td>
<td><a href="https://helixcentre.com">https://helixcentre.com</a></td>
<td>Various</td>
<td>Website contains: - Carer administration of as-needed subcutaneous injections - Practical care for a dying person</td>
</tr>
<tr>
<td>Carer administration of as needed subcutaneous medication for common breakthrough symptoms in home based dying people in Wales (CARIAD package)</td>
<td>Palliative Care Wales</td>
<td><a href="https://wales.pallcare.info">https://wales.pallcare.info</a></td>
<td>Various</td>
<td>Package of multiple documents available for download</td>
</tr>
<tr>
<td>List of patient resources for breathlessness</td>
<td>Wolfson Palliative Care Research Centre, Hull/York Medical School</td>
<td><a href="https://www.hyms.ac.uk">https://www.hyms.ac.uk</a></td>
<td>26 March 2020</td>
<td></td>
</tr>
<tr>
<td>Video based communication training in end of life care</td>
<td>Real Talk</td>
<td><a href="https://www.realtalktraining.co.uk">https://www.realtalktraining.co.uk</a></td>
<td>Various</td>
<td>Resources include: - a new communication tool to help conversations when staff are wearing PPE - how to have urgent conversations about withdrawing and withholding life-sustaining treatments in critical care – including phone and video calls - giving news of a patient’s death to a loved one</td>
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### Non-UK resources and guidelines

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<td>Specific COVID-19 resources</td>
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<tr>
<td>Resources relevant to palliative care and COVID-19</td>
<td>IAHPC</td>
<td><a href="http://globalpalliativecare.org">http://globalpalliativecare.org</a></td>
<td>Various</td>
<td>Links to resources by academia, civil society organizations, members states and special agencies of the United Nations</td>
</tr>
<tr>
<td>Palliative care and Covid-19 series – Briefing notes compilation</td>
<td>WHPCA and ICPCN</td>
<td><a href="https://www.thewhpca.org">https://www.thewhpca.org</a></td>
<td>06 Jan 2021</td>
<td></td>
</tr>
<tr>
<td>Coronavirus and the palliative care response</td>
<td>EAPC</td>
<td><a href="https://www.eapcnet.eu">https://www.eapcnet.eu</a></td>
<td>Various</td>
<td>Regularly updated list of resources from other countries</td>
</tr>
<tr>
<td>COVID-19 Response training</td>
<td>Centre to advance palliative care, USA</td>
<td><a href="https://www.capc.org/training">https://www.capc.org/training</a></td>
<td>Various</td>
<td>Training courses, protocols and response resources</td>
</tr>
<tr>
<td>Resources to address coronavirus disease 2019 (COVID-19)</td>
<td>AAHPM</td>
<td><a href="http://aahpm.org">http://aahpm.org</a></td>
<td>Various</td>
<td></td>
</tr>
<tr>
<td>Palliative care in Bologna during the COVID-19 crisis</td>
<td>EAPC blog</td>
<td><a href="https://eapcnet.wordpress.com">https://eapcnet.wordpress.com</a></td>
<td>22 March 2020</td>
<td>Blog report from the front line in Italy</td>
</tr>
<tr>
<td>Symptom management for adult patients with COVID-19 receiving end-of-life supportive care outside of the ICU</td>
<td>Informal collaboration of British Colombia doctors and pharmacists, Canada</td>
<td><a href="https://palliativecare.med.ubc.ca">https://palliativecare.med.ubc.ca</a></td>
<td>22 March 2020</td>
<td>Website also contains links to other COVID-19 resources</td>
</tr>
<tr>
<td>COVID-Ready communication skills</td>
<td>Vitaltalk, USA</td>
<td><a href="https://www.vitaltalk.org">https://www.vitaltalk.org</a></td>
<td>No date</td>
<td></td>
</tr>
<tr>
<td>Pandemic palliative care: beyond ventilators and saving lives</td>
<td>Published article in the Canadian Medical Association Journal</td>
<td><a href="https://www.cmaj.ca">https://www.cmaj.ca</a></td>
<td>31 March 2020</td>
<td>COVID-19 palliative care plan tool</td>
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